



PUBLIC INFORMATION OFFICE  
707 NORTH ARMSTRONG PLACE  
BOISE, ID 83704-0825  
TEL. (208) 327-8639  
FAX (208) 327-8500  
[www.cdhd.idaho.gov](http://www.cdhd.idaho.gov)

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*Central District Health promotes wellness in our communities through education, prevention of disease and disability, and preservation of the quality of our environment.*

## NEWS

**Date:** July 24, 2006

**Contact:** Dave Fotsch, Public Information Officer  
(208) 327-8639 / Cell: (208) 871-1712

Cheryl Johnson, MOW Volunteer Coordinator  
(208) 327-8552

### MEALS ON WHEELS NEEDS DRIVERS

The Meals On Wheels Program needs volunteers to deliver meals to homebound elderly in Boise and Meridian. One or more drivers are needed to deliver meals Monday through Friday. Each route takes about an hour to complete. For the Meridian Meals On Wheels route call Cindy Hill at 888-5555. For the Boise route call Cheryl Johnson at 327-8552 for more information.

The Meals On Wheels program delivers more than 500 meals every weekday in Ada County. Businesses are encouraged to participate in delivering meals through the "adopt-a-route" program. The meals can be dropped off directly at the place of business for employees to deliver over their lunch hour. Micron Technology, Blue Shield of Idaho and Boise Parks and Recreation are all 'adopt-a-route' businesses that encourage their employees to deliver Meals On Wheels.

For more information on the Meals On Wheels program and to sign up to become a volunteer driver, please contact Cheryl Johnson at 327-8552. Information on Meals On Wheels and other programs of the Central District Health Department is available online at [www.cdhd.idaho.gov](http://www.cdhd.idaho.gov).

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